

## Virtual menopause care

Menopause benefits lower healthcare expenses, increase employee productivity, and support inclusivity by improving employee quality of life.

### Welcome to Gennev

Gennev is the only virtual menopause clinic led by board-certified OB/GYNs and Registered Dietitian Nutritionists that's available in all 50 states.

Our providers apply evidence-based treatments proven to relieve symptoms in every stage of menopause. We've helped thousands of women achieve relief from menopause discomfort, including hot flashes, vaginal dryness, low libido, painful sex, weight changes, heart palpitations, anxiety, mood swings, hair and skin changes, joint pain, and other symptoms.

### Inclusivity comes in many forms – and ages.

Menopause is not one size fits all. Everyone's symptoms and wellness goals are unique, and each patient's menopause treatment plan is, too. Help your menopause-age employees and their partners reach their full potential with access to Gennev's proven care model.



## GENNEV'S CARE MODEL



Convenient telehealth appointments to fit their busy schedules



Appointment availability with OB/GYNs in less than a week



Providers available in all 50 states for equal access



Prescriptions for evidence-based therapies such as hormone replacement therapy (HRT) and FDA-approved, non-hormonal medications



Lifestyle and behavioral support for nutrition, weight, sleep, mood, and mindfulness

# 89%

OF PATIENTS REPORT  
SYMPTOM IMPROVEMENT  
AFTER THEIR FIRST  
GENNEV VISIT

# A MENOPAUSE-CARE TEAM TO TREAT THE WHOLE PERSON

## Board-Certified OB/GYNs

Gennev is led by medical doctors with years of experience. They undergo additional training and certifications to support our patients in menopause and midlife.

## Registered Dietitian Nutritionists (RDNs)

Our team of RDNs help women set and achieve health goals, thrive through menopause, and maintain a sustainable, healthy lifestyle. They follow Gennev protocols, and work in lockstep with our doctors.

## Behavioral Health Specialists

To help with the anxiety, mood swings and depression that can occur in menopause, we can refer Gennev patients to our trusted mental health providers.

41%

Women ages 45-54 exhibiting symptoms of menopause have a 41% higher utilization of professional medical services and twice the behavioral health costs than the general population of women in the same age band.<sup>1</sup>

The cost of overlooking menopause goes beyond financial implications. It exacts a heavy toll on overall well-being—physically and emotionally.

<sup>1</sup> Healthcare Cost and Utilization for Women in Menopause, Milliman 2023.

## SUPPORTING YOUR EMPLOYEES IN MENOPAUSE IS SMART BUSINESS

Over 6,000 women and people with ovaries enter menopause every day in the United States. And with over 38 symptoms that may accompany menopause, women often suffer needlessly, with the impact affecting their quality of life.

## SYMPTOMS GENNEV TREATS



ANXIETY & EMOTIONAL WELLNESS



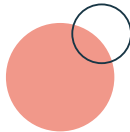
BRAIN FOG



CHRONIC FATIGUE



INSOMNIA & SLEEPLESSNESS



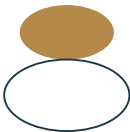
MOOD CHANGES



JOINT PAIN & INFLAMMATION



HOT FLASHES & NIGHT SWEATS



WEIGHT CHANGES



LOW LIBIDO



IRREGULAR PERIODS



HAIR & SKIN CHANGES



VAGINAL DRYNESS & PAINFUL SEX

## Let's talk.

Learn how to manage your costs with proven menopause care from Gennev by visiting [gennev.com/employers](https://www.gennev.com/employers) or emailing [employer@gennev.com](mailto:employer@gennev.com)