

## Email Announcement

### **Subject: Now Available – Virtual Menopause Care with Gennev**

We are thrilled to share some fantastic news with you regarding our commitment to your health and well-being — you now have access to menopause care!

We understand that navigating through different phases of life comes with unique challenges, and we are dedicated to providing you with the best possible resources to support your overall health journey. That's why we're excited to announce that the Gennev Virtual Menopause Clinic is now available in-network offering you comprehensive care and guidance during this important life transition.

### **What is Gennev?**

Gennev is a leading virtual menopause clinic that specializes in personalized clinical care for women during the menopause journey. Their team of experienced healthcare professionals, including OB/GYNs, registered dietitians, and mental health experts, provide evidence-based solutions, expert guidance, and ongoing [educational webinars](#) to help you navigate through the various aspects of menopause.

### **How Does It Work?**

Accessing the Gennev Virtual Menopause Clinic is easy:

1. Visit [www.gennev.com](http://www.gennev.com)
2. Click on “Book a Virtual Appt” and create your Gennev Account
3. Follow the prompts to schedule appointments, access resources, and connect with Gennev's team of experts.

Your health and well-being are our top priorities, and we are excited to offer you this valuable resource. Menopause is a natural transition, and having the right support can make a significant difference in your overall quality of life.

If you have any questions about how to access Gennev or would like more information about the services they offer, please don't hesitate to reach out to our HR team at [HR Contact Information].

## Newsletter Announcement

### Introducing Gennev!

Hello [Company] Team,

We have fantastic news— you and your dependents now have access to menopause care! We're partnering with Gennev, the leading virtual menopause clinic, to provide specialized menopause care.

For many people, the menopause journey is filled with discomfort and uncertainty. It can feel like your body is failing you, or that you are failing your body. There are more than 34 different symptoms, many of which are disruptive and can significantly impact your work and quality of life. It is possible to go from surviving to thriving in this unpredictable life stage. That's where Gennev can help.

#### Why Gennev & How Does It Work?

- ❑ **Personalized Clinical Care:** Gennev understands that every menopause journey is unique. Their team of menopause certified OB/GYNs and registered dietitian nutritionists (RDNs) tailor their approach to your specific needs, providing care that aligns with your individual experience.
- ❑ **Lifestyle & Nutritional Support:** Menopause can have significant impact on your lifestyle, from sleep disruption to weight gain. RDNs provide lifestyle and nutrition strategies that help you make informed choices to support your overall well-being during this transition.
- ❑ **Virtual Appointments:** Gennev's appointments are fully virtual, providing convenient care wherever you are.
- ❑ **Educational Webinars:** Gennev provides free monthly [educational webinars](#) with their expert team of clinicians. Through these sessions you can expect to better understand how the regular hormonal changes that happen with aging impact your mental and physical health, alongside strategies to support you in living your best life. Register here for upcoming webinars.

#### Accessing Gennev:

1. Visit [www.gennev.com](http://www.gennev.com)
2. Click on "Talk to a Physician" and create your Gennev Account
3. Follow the prompts to schedule appointments, access resources, and connect with Gennev's team of experts.

If you have any questions about how to access Gennev, please don't hesitate to reach out to our HR team at [HR Contact Information].